

*Calvert Alliance Against Substance Abuse
P.O. Box 2104
Prince Frederick, Maryland 20678
Phone: 410/535-3733/FAX: 410/535-5467*

2022-2023 Mini Grant Program Application

The Calvert Alliance Against Substance Abuse, Inc. (CAASA) is a grassroots organization that is dedicated to fighting alcohol, tobacco and other drug abuse in Calvert County. In an effort to help local community groups provide prevention activities in their community, we are making a number of mini-grants available.

If you are interested in applying for a mini-grant, please complete the attached application and return it to the CAASA Office, P.O. Box 2104, Prince Frederick, Maryland 20678 no later than **August 1, 2022**. If you need assistance, call 410/535-3733.

This program is based on three premises:

1. That community-based efforts can be most responsive to local needs.
2. That it is important to target the following populations: youth, parents, families, faith communities and neighborhoods.
3. That a wellness/public health approach will be effective in reducing alcohol, tobacco and other drug use in Calvert County. This approach identifies risk and protective factors. Individual, family and community risk factors are targeted for reduction while protective factors such as life skills are targeted for strengthening (discussion of risk and protective factors is attached for your guidance).

School-based coordinators and community-based organizations can apply for **grant amounts up to \$1,000 to carry out prevention activities** in their communities. Activities must target at least one of the populations identified above and must address specific risk and/or protective factors.

GUIDELINES FOR PROJECTS

1. The Mini-Grant Program is designed to fund direct services or project activities in school-based and community-based organizations. The program must take place in Calvert County.
2. **The grant application should include the following information:**
 - a. Multiple strategies/activities
 - b. An outline of activities
 - c. A budget outlining how the funds will be spent
 - d. The number and age group of those being served by the program
 - e. An explanation of why your community needs this program
 - f. A timeline for your program/activity

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- g. An outline of the organization's goals in implementing the program.
 - h. An outline of the strategies used to implement the program.
 - i. A discussion of the risk and protective factors that will be addressed by the program.
 - j. A discussion of the organization's ability to complete the program.
3. The mini-grant activity you implement must provide alcohol, tobacco or other drug abuse prevention education and/or information.

4. **At the conclusion of your program, a detailed written report is required.**

The report should summarize the outcome of your program and include specifics about the population served, such as age and gender, as well as information on how your organization evaluated the success of the program and/or activities. This report must be submitted in order to be eligible to apply for mini-grant funding the following year.

5. Funds must be used for the program described within the application.
6. CAASA must approve any program changes or budget modification prior to actual implementation.
7. Mini-grant funds cannot be used to purchase food, pay salaries or compensate in any way staff, volunteers and/or program participants.
8. CAASA's name and/or logo must be applied to all printed material.
9. **Grant funds will be distributed by September 17th.**

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CAASA's Board of Directors finds that multiple prevention activities throughout the year can be helpful in educating our community to the dangers of alcohol and other drug abuse. With that said, mini-grant funds should be used to implement multiple activities in your community/school.

Focusing prevention efforts around nationally recognized awareness campaigns or other local prevention activities can be helpful. Listed below are examples of the campaigns CAASA supports.

- 1) October – Red Ribbon Week <http://nfp.org/rr/>
- 2) January - National Drug Facts Week <http://teens.drugabuse.gov/national-drug-facts-week>
- 3) April – Alcohol Awareness Month (Underage drinking prevention) <https://ncadd.org/about-ncadd/events-awards/alcohol-awareness-month>
- 4) May – National Prevention Week <http://www.samhsa.gov/prevention-week>

Other programs that may fit into the mini-grant request are leadership training, school PBIS programs and other school-wide prevention activities.

In addition, CAASA would be happy to:

- 1) Advertise/promote your activities and the work of your organization.
- 2) Provide certificates of appreciation or thank you letters to your program participants.
- 3) Use any artwork that is created in our outreach efforts that include media ads, brochures and Facebook posts.

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Submit to the above address by August 1, 2022**

Name of Organization:

Contact Person

Address

Home Phone _____ Work Phone _____

E-Mail Address: _____

Federal I.D. Number or 501 (C) (3) _____

Name of Proposed Program _____

Funds Requested _____

Date Funds needed _____

Authorized Signature _____ Date _____

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1. Name of proposed program: _____
2. Brief description of your program:

3. Timeline: Starting date _____ Ending Date _____
4. What are the goals of the program?

5. What prevention strategies (activities or services) will the program provide to accomplish your goal(s)?

6. Why does your school/community need this program?

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7. What protective factors will the program address?

8. What risk factors will the program address?

9. What is the target population of this program? Be specific.

10. Outline the ability of the organization to complete the program.

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11. Budget Outline:

Funds requested from CAASA:_____

Funds available from other sources:_____

Budget (list revenues and expenditures associated with the program)

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The following strategies or protective factors have proven effective in reducing substance abuse. The more protective factors incorporated into a program, the more beneficial to the recipient.

PROTECTIVE FACTORS

- Family Protective Factors: prenatal care; close bonding between child and caregiver; encouragement of continuing parent education; effective management of stress; time together as a family; parenting styles that encourage high warmth and low destructive criticism; limits instead of permissiveness; encouragement and nurturing; clear and consistent expectations; encouragement of supportive relationships with caring adults beyond the immediate family; parental modeling of appropriate behavior.
- Peer Protective Factors: involvement in alcohol and drug free activities; respect and work with authority figures; bonding to conventional groups; appreciation for the unique cultural heritage and talents of others.
- Individual Protective Factors: social competence; problem solving skills; a sense of identity; the ability to act independently; a sense of purpose and future; knowledge of the effects of alcohol, tobacco and other drugs.

RISK FACTORS

The following conditions or risk factors have been linked to substance abuse. The more of these factors young people face, the greater the risk that they will abuse alcohol and other drugs. To be effective, substance abuse prevention activities must target such risk factors. Programs that target multiple risk factors at early ages will be most effective.

- Community Risk Factors: economic and social deprivation; low neighborhood attachment and disorganization; transition and mobility; community laws and norms favorable to drug abuse or drug availability.
- School Risk Factors: early anti-social behaviors, academic failure, low commitment to school.
- Family Risk Factors: family history of alcoholism, parental drug use, parental positive or permissive attitudes toward alcohol or other drug use.
- Individual Risk Factors: alienation, anti-social behaviors early in adolescence, friends who use alcohol and drugs, favorable attitudes toward alcohol and drugs, predisposition to addiction, early school failure, poor self-esteem, early first use of drugs.

Research indicates that the most effective prevention efforts will target more than one risk or protective factor; target risk factors on more than one level (individual, family and community); intervene early - before behavior stabilizes; involve a home-school-community partnership; bond youth to family (pre-school), school (early elementary), positive peer groups (late elementary), and the community (middle school); and avoid labeling by targeting risk factors.