

Minutes

May 19, 2022

Charles Harrell called the meeting to order at 9:03 a.m. The meeting began with a prayer and the Pledge of Allegiance. This meeting was held at the Calvert Pines Senior Center.

Attendees: Charles Harrell, Ed Sullivan, Elizabeth Foster, Sudha Haley, Sarah Simmons (Calvert Hospice), Margaret Phipps, Harriett Yaffe, Noelle Flaherty, Terry Long, Anne Weems

Non-Attendees: Kathy Baron, Yolanda Hipski, Sarah Strauss

Guests Speakers from Calvert Internal: John Lease, Charley Marz – See attachment

Agenda/Minutes: The agenda/minutes from 4/21/2022 were disturbed. Motion to approve the minutes: Noelle, Second: Margaret. Approved by members.

Chair and Vice Chair Remarks/Reports: Charles Harrell

- Received a letter from Sheila Poole because of personal reasons will be resigning the COA
- Need members on the commission from the southern part of the county
- MD Secretary Rona Kramer's father passed away from Montgomery County. The members signed a card and it was sent.
- Tri-County Meeting on June 2nd at Calvert Pines from 9 a.m. - 4 p.m. Lunch will be provided by the Office of Aging
- Speakers will talk about 5 Topics, (Central ED), Keynote Speaker will be MD Secretary of Aging Rona Kramer, and One County Commissioner

OOA Report:

- OOA Report was distributed and discussed.

Delegate and Committee Reports:

Community Awareness and Outreach:

- No Report.

Housing:

- No Report.

Transportation:

- Distributed the COA transportation report, will discuss at the next meeting.

Wellness:

- Men's Health Expo – Tuesday, June 14th.

Alzheimer's Support Group:

- Charles Harrell discussed the Alzheimer's support group, Ed informed us that North Beach groups are getting organized.

AARP/NARFE/United Seniors of Maryland:

- Sudha explained the Asian-American Pacific Islander (AAPI) festival that is being held on Saturday, July 23rd from 10 a.m. – 2 p.m.

Age Friendly Community (AFC):

- Sudha explained the AARP surveys.
- Focus groups in North, Middle, and South County areas.
- Ed will send each of us dates for the surveys.
- Harriett discussed Sue Connell is interested planning for this type of community.

Unfinished business:

- None

New Business:

- Funding for the Harriett Brown Center, 3 members expressed concern to restore the money for the project, the money is going to County employees and Board of Education employees. Commissioner McConkey supports pulling money from the raining day fund for the project.
- Charles Harrell having lunch with other County chair members.

Members Concerns:

- None

Announcements:

- Tri-County Commission on Aging meeting will be held June 2, 2022, 9 a.m. to 4 p.m. at Calvert Pines. If you plan to eat lunch, please notify Liz.

UPCOMING EVENTS:

- June 16, 2022 at 9 a.m. Southern Pines, Guest speaker in attendance.

Motion to adjourn: First-Noelle, Second-Harriett.

Minutes transcribed by: Anne Weems

Guest Speakers

John Lease – Calvert Internal Medicine, 40 years
Charley Marz

- Population Health – Started 8 years ago – look at groups and not just individuals.
- Flu -up 60%
- Covid is up from September of 2021 to May of 2022
- People are sick but hospital admittance is down
- Covid Vaccine is working
- People should still distance and wear mask
- Pre-Diabetes – what can we do? See 24,000 patients a year, A1C 6.3 is pre-diabetic. Diet and 10 minutes a day of exercise.
- Currently have 6 care managers, looking to hire two more for a total of 8.
 - Care managers can handle transportation, prescriptions, finances, and food pantries.
 - Handle 60 – 100 patients
 - Technology - CRISP - Health insurance information exchange, safe guards a lot.
 - Clinic team – Doctor, Nurse, Care manager, Community worker, pharmacist
 - Pharmacist – contact remotely for monitoring, oxygen and weight.
 - Conduct surveys (1,000 calls)
 - My Chart
 - Surveys – replacing chairs in waiting room for Prince Frederick office
 - Medicare survey for Calvert Internal went very well. Goals of care: what bothers you?
 - Mental Health therapist provides works with each other. (No medicare yet)
 - Annual Wellness is about your concerns and goals.

Charles asked how the Commission on Aging could help Calvert Internal meet their goals.