

# **CALVERT COUNTY WELLNESS COMMITTEE**

## **AGENDA**

**Wednesday, October 16, 2019**

**8:30 a.m.**

- 8:30 a.m.**      **1.      Meeting Call to Order**
- **Take Attendance/Introduction**
  - **Approval of September 18, 2019 Meeting Minutes**
- 8:40 a.m.**      **2.      Open Discussion**
- **Discuss Wellness Catalog**
  - **Discuss Total Year Wellness Plan**
  - **Discuss the Rock/Scavenger Hunt walk**
  - **Discuss Header for Wellness Email**
- 9:30 a.m.**      **3.      Adjournment**