

CALVERT COUNTY WELLNESS COMMITTEE

AGENDA

Friday, July 12, 2019

10:00 a.m.

- 10:00 a.m.** 1. **Meeting Call to Order**
- **Take Attendance/Introduction**
- 10:05 a.m.** 2. **Dan DeBrauwere
CareFirst – Wellness Consultant**
- **Purpose of Committee**
 - **Wellness Programs**
 - **ShareCare**
- 11:00 a.m.** 3. **Open Discussion**
- **Review of Wellness Committee Resolution**
 - **Elect Chairperson and Vice Chairperson**
 - **Suggestion of Wellness Focus**
 - **Wellness Dollars**
- 12:00 p.m.** 6. **Adjournment**